

# Ultimate INDULGENCES

## Wellness & Wildlife



### 9 DAYS — SOUTH AFRICA

Embrace the healing energies of earth, air and water with a holistic approach to rejuvenation —Africa style! The electric vibes of Cape Town are reflected in the lovely spa resort, perched on the cliffs overlooking the vast Atlantic shoreline. In between relaxing massages and rejuvenating treatments, there is ample time to explore South Africa's Mother City and nearby winelands. Then from Cape Town, one energized leap to Kruger's best-in-the-bush. Earth Lodge is celebrated for it's architecture and use of fabrics, light and space. The spa treatments are inspired by the cultures, spices and plants of the continent, as well as herbal remedies that the indigenous Africans have used for centuries. More active pursuits include thrilling game drives and walks, in search Kruger's Big Five. After a satisfying day of wildlife viewing, one can retreat to their private plunge pool, nourished in mind, body and soul.

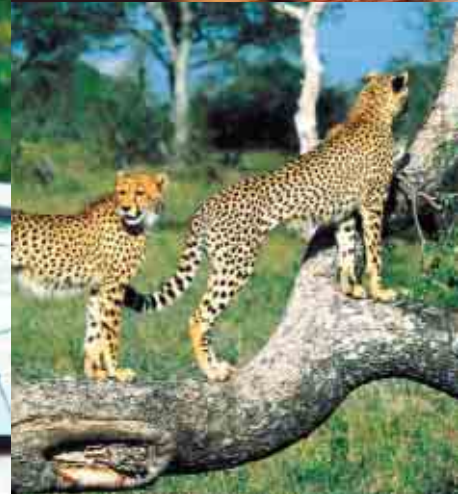
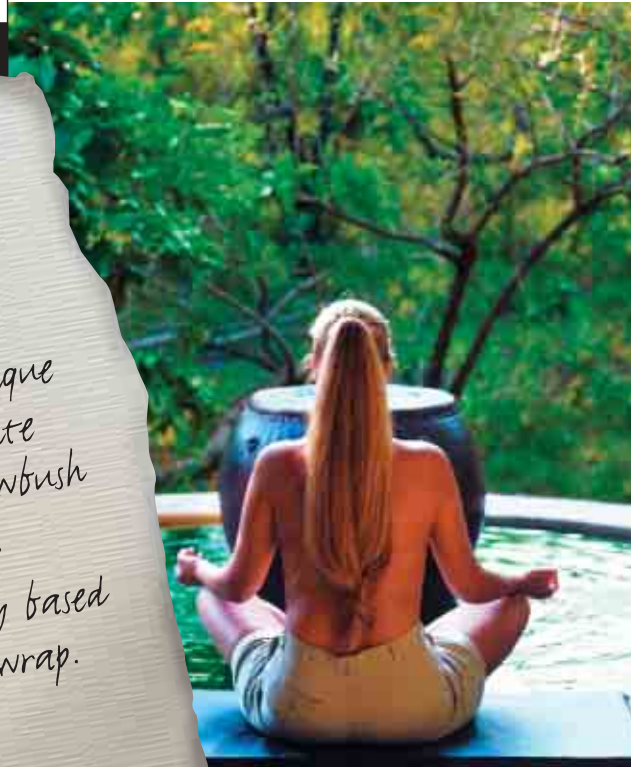
*Exclusively Yours*  
**AFRICA!**

### SPA MENU

**RASUL:** An exotic, highly relaxing and multi sensory relaxation experience.

**CAPE TREATMENT:** A unique slimming and anti cellulite treatment utilizes Cape snowbush & Cape May extracts.

**ZINIBA WRAP:** Organically based anti-ageing & dry skin wrap.



# Ultimate Indulgences: Wellness & Wildlife

## THEME TOUR HIGHLIGHTS

- Rejuvenate with the spa treatments at the award-winning Sanctuary Spa nestled in a grotto on the slopes of the Twelve Apostles mountain range.
- Enjoy spectacular sightseeing — with a private car and guide — through Cape Town and its environs.
- Discover innovative wellness treatments at the ultra-modern Earth Nature Spa, offering hydrotherapy and advanced skin and body treatments.
- Discover the warm hospitality of the South Africans as you are welcomed into a Capetonian home as an honored dinner guest.
- Thrill to the wildlife activities at the award-winning Sabi Sabi Game Reserve.
- Relax with a spa treatment at exclusive Fairlawns Spa, with 5 fully equipped therapy rooms including a Vichy Shower room.
- Savor South Africa's healthy and hearty cuisine — a blend of fresh ingredients and exotic seasonings.

## DAY 1

### Arrive in Cape Town, South Africa

The Twelve Apostles  
Hotel & Spa

## DAY 2, 3 & 4

### Camps Bay, Cape Town

The Twelve Apostles  
Hotel & Spa

## DAY 5, 6, & 7

### Sabi Sands Reserve

Sabi Sabi Earth Lodge

## DAY 8

### Johannesburg

The Fairlawns Boutique  
Hotel & Spa

## DAY 9

### Depart Johannesburg

## SUMMARY OF INCLUSIONS

- Four (4) nights Cape Town at The Twelve Apostles Hotel and Spa including champagne on arrival
- Three (3) spa treatments while at The Twelve Apostles
- Half-day private car and driver sightseeing: Cape Town and Table Mountain
- Home host dinner
- Full day private car and driver sightseeing of Cape Peninsula including a fresh seafood lunch
- Half-day private car and driver sightseeing of Cape Winelands
- Three (3) nights at Sabi Sabi Earth Lodge including daily wildlife viewing activities and lodge hopper flights direct into the reserve
- Two (2) spa treatments while at Sabi Sabi Earth Lodge
- One (1) night Johannesburg at The Fairlawns Boutique Hotel and Spa
- One (1) spa treatment while at The Fairlawns
- All transfers arrival and departure flights via private vehicle
- Meals included: eight (8) breakfasts, four (4) lunches and four (4) dinners
- Pre-departure destination information, suggested readings and specially designed travel bag



**African Travel, Inc.**

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